

# Chichester District Council

Overview and Scrutiny Committee

17 March 2015

## Chichester in Partnership health priorities update

### 1. Contacts

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### 2. Recommendation

- 2.1. Members are asked to note and comment on progress made since the health and wellbeing priorities were included in the Chichester in Partnership annual work plan.**

### 3. Background

- 3.1. This report provides the Overview and Scrutiny Committee with annual progress following the merging of health and wellbeing priorities from the Healthier Chichester Partnership with Chichester in Partnership in March 2014.
- 3.2. At the March 2014 meeting of Overview and Scrutiny Committee it was agreed that the Healthier Chichester Partnership would be dissolved and two key priorities would be adopted by Chichester in Partnership as part of the annual work plan.
- 3.3. The priorities adopted by Chichester in Partnership were;
- Dementia Friendly Chichester
  - Mental health and emotional wellbeing
- 3.4. These priorities link with the Corporate Plan priority of improving the health of our Communities and Workforce and some of the outcomes link across the two plans particularly around improving mental health and emotional wellbeing.
- 3.5. It was agreed that the existing budget of £7,500 would be transferred to Chichester in Partnership and ring fenced for projects delivering outcomes in relation to these priorities.

### 4. Outcomes to be achieved

- 4.1. It was proposed that task and finish groups would be organised with membership from Healthier Chichester Partnership and Chichester in Partnership along with other relevant partners to review the evidence around the priorities. In addition they would develop action plans with outcomes to be reported to Chichester in Partnership at the quarterly meetings.

## **5. Progress**

### **Dementia Friendly Chichester**

- 5.1. This priority has been picked up by the existing Dementia Care Forum (DCF). The DCF consists of a core group and a wider partnership made up of People with Dementia and their Carers along with key partners for example, Aldingbourne Trust (chair), Alzheimers Society, MIND, WSCC and other interested partners.
- 5.2. The DCF has developed an action plan which contributes to the priorities in the West Sussex Dementia Strategy. It focuses on Chichester becoming a Dementia Friendly city by raising awareness of Dementia through training of frontline staff in high street organisations including the council and providing meaningful activity for people with Dementia and their Carers. The full action plan is attached in appendix 1.
- 5.3. The DCF is now working towards becoming a Dementia Alliance which is in line with the national Dementia programme and enables partners to become involved as stakeholders.
- 5.4. Members of the DCF have been working to develop, and funding has been allocated for a project led by Chichester Festival Theatre and the other Arts organisations for an Arts Festival during Dementia awareness week in May 2015. It will provide a month long programme of arts events accessible for people with Dementia and their Carers. This is an excellent example of partnership working to achieve outcomes for vulnerable members of the community with a view to developing long term sustainable activities.

### **Mental Health and Emotional Wellbeing**

- 5.5. A task and finish group was established to review the evidence around prevalence of lower level Mental Health and emotional wellbeing, perceived issues at lack of ready access to services and to develop projects that partners could deliver.
- 5.6. Whilst it was difficult to pin point one area or project it was decided that priority areas should be 1) access to information and 2) preventive work with children and young people
- 5.7. Some of the projects which have risen under this priority include an information sharing event bringing agencies together to share ideas. This happened on the 19<sup>th</sup> January in the Novium, 40 different organisations showcased their projects and services. 85% of those that attended thought the event was excellent/ good and anecdotal evidence show that more partnership working has come out of this.
- 5.8. A new project for children is being developed using the '5 ways to wellbeing' model to support the mental health and emotional wellbeing of year 5 primary school children (age 9/10). The project will be piloted in Selsey with a view to extending to schools across the Think Family Neighbourhood areas.

- 5.9. A project supporting people with mental health and emotional wellbeing problems back into work has also been developed using funding from Chichester Wellbeing and is linked to the ChooseWork work experience project
- 5.10. We are working with Hyde Martlet on outreach work, looking at using coffee mornings with services available to reach those most vulnerable in the community. This work is piloting in St Pancras and if successful will expand to other areas.

## 6. Alternatives that have been considered

- 6.1. Alternative solutions to delivering health and wellbeing priorities were considered as part of the original planning process and were considered by Members at the committee meeting in March 2014.
- 6.2. Close linkage is maintained to partners, the council's Community Wellbeing team and the Public Health work plan that is being developed for the council. Operating within Chichester in Partnership has not lessened the focus of health work or our linkage to health related agencies.

## 7. Resources

- 7.1. The funding of £7,500 for health and wellbeing projects has been ring fenced by Chichester in Partnership. Funding of £1,500 was allocated to the University of Chichester to carry out some research into Dementia Friendly arts activity. The outcomes informed the development of the arts festival in May 2015.
- 7.2. Funding of £3,700 has been allocated to support the arts festival and a further £750 to support a cinema club at Selsey Works for people with Dementia and their Carers and other vulnerable members of the community.

## 8. Consultation

- 8.1. Chichester in Partnership receives regular feedback on the work addressing the health and wellbeing priorities and has the opportunity to comment and contribute. Wider partners receive information via the Chichester in Partnership newsletter and are invited to get involved if they wish.

## 9. Community impact and corporate risks

- 9.1. It is intended that this work will have a positive impact on the community and the organisation.

## 10. Other Implications

	Yes	No
<b>Crime &amp; Disorder:</b>		X
<b>Climate Change:</b>		X
<b>Human Rights and Equality Impact:</b>		X

<b>Safeguarding:</b>		x

## 11. Appendices

- 11.1. Appendix one: Dementia Friendly Chichester Action plan
- 11.2. Appendix two: Mental Health and emotional wellbeing action plan

## 12. Background Papers

None

## Dementia Care Forum Action plan 2015 /16

### Vision

Promote and sustain Chichester city as a Dementia Friendly community. In addition share ideas and best practice during the development of dementia friendly communities in Selsey and Midhurst. Services should also be made available to people who do not have a formal diagnosis of dementia as well as those that have a formal diagnosis.

Priority	Output	Expected outcomes	By when	Lead partner
Complete an application to become a Dementia Action Alliance (DAA).	Access to resources and support Partners become stake holders	Chichester Dementia Action Alliance will be the umbrella group sharing best practice and providing support for Midhurst and Selsey forums	April 2015	Aldingbourne Trust
Develop best practice and evidence based projects.	Receive regular updates from Crawley Wellbeing  Act on the learning from Crawley and other dementia friendly towns / cities	Less duplication of activity or services developing new projects in isolation and better quality activity delivered.	Ongoing aligned with Crawley	DAA
Dementia familiarisation / awareness raising	A training programme for delivering dementia friends training.	A wide range of people working in front facing roles and coming into contact with members of the public who could potentially have dementia or be a Carer are skilled and have confidence to support them	March 2015	CDC
Secure sponsorship to support the work in this action plan.	Ensure sponsors pledge appropriate staff in organisations to be trained in Dementia awareness and provide 'in kind' support eg venues.	A sustained programme of sponsorship and support 'in kind' is in place from local businesses and organisations.	March 2015	DAA
Meaningful activity for people with Dementia and their Carers.	Continue to deliver the activity days out and social activity programme for	People with Dementia and their Carers are engaged in evolving a sustained programme of activities.	March 2015	MIND

	people with Dementia and their Carers.			
Arts for Dementia work	Action plan developed by working group	A Dementia Festival planned for May 2015 during Dementia awareness week  Regular arts related activity in place for people with Dementia and their Carers.	May 2015  Ongoing	Chichester Festival theatre
Dementia Strategy	Ensure actions of the DAA relate to the WSX strategy and contribute to outcomes.	See WSX dementia strategy	March 2016	DAA core group partners
Dementia services mapping activity	Review service mapping and ensure it is kept up to date and is shared to avoid duplication.	Resource for partners to understand local services No duplication of services	May 2015	DAA core group partners
Support for partners to develop, deliver and evaluate projects in the community to support people with Dementia and their Carers	A small sparks grant funding process is in place	Small projects are supported in communities to support the overall work of the DAA	March 2016	CDC / CiP partners

### Chichester in partnership Mental Wellbeing group 2015 /16

Priority	Output	Expected Outcomes	By when	Lead Partner
5 ways to wellbeing new project providing support for children around mental health and emotional wellbeing	New project being developed with schools. Piloting in Year 1 to develop ways to enable to children to become more resilient.	Children learn techniques and tools to support the maintenance of mental wellbeing	June 2015 pilot	CDC
	Evaluation of pilot	Development of plans to continue the project with the next academic year group.	September 2015	
The need to get better at providing joined up services. A regular structured drop in session for people with mental health problems where they can get information about local services and get peer support / social support.	Public service Drop in centres developed across the district based on the idea set up by hyde martlet	No of people helped  Rise of referrals to services monitored by organisations attending the drop in sessions  Information on local needs	September 2015	CDC
Introduce the 10 point mental health challenge / 5 ways to wellbeing model in workplaces.	A consistent process for engaging local businesses and statutory partners in promoting positive mental and emotional wellbeing.  All businesses engaging through the wellbeing workplace health project will be offered the opportunity to engage with this project.	No of businesses engaged  Outcomes for individual organisations measured through the wellbeing programme	March 2016	WSSC/CDC
Community engagement, ensuring we are addressing the needs of the	Questions to be developed that can be asked by any organisation during contact	An ongoing process to be developed further.	March 2015	WSSC PH / CDC

community.	with the public to understand the needs and wishes of people with mental health problems.			
Develop a spreadsheet support directory for organisations to understand where to refer clients with mental health issues.	<p>Hold a network event “speed dating” partner organisations</p> <p>Excel spreadsheet to be circulated to partners on a regular basis with services and contact numbers (spreadsheet to include Organisation, services offered, contact name and telephone number )</p>	<p>Increase in coordination between organisations</p> <p>Increase of referrals from agencies</p> <p>Clear referral pathway for service users</p>	March 2015	CDC
Helping to improve mental wellbeing diet and physical health through gardening	Development of community garden project in the “Think Family neighbourhoods”	<p>No of people engaged</p> <p>No of areas improved</p>	March 2016	CDC/ RSLs
Support for partners to develop, deliver and evaluate projects in the community to support people with low level mental health an emotional wellbeing problems	A small sparks grant funding process is in place	Small projects are supported in communities to support the overall work of the this group	March 2016	CDC / CiP partners